



## LISKEARD HILLFORT PRIMARY SCHOOL | 11<sup>th</sup> March 2022



### Upcoming Events

**18 Mar** : Red Nose Day  
**11<sup>th</sup> – 22<sup>nd</sup> Apr** : Easter Holidays  
**15<sup>th</sup> Apr** : Good Friday  
**18<sup>th</sup> Apr** : Easter Monday  
**2<sup>nd</sup> May** : Early May Bank Holiday  
**16<sup>th</sup> – 20<sup>th</sup> May** : Year 3 Residential Week  
**24<sup>th</sup> – 26<sup>th</sup> May** : Year 6 Residential

[Hillfort Calendar](#)



### School Clubs

#### Mondays

- Football with Mr Glass (Year 5 & 6)
- Drama with the Early Energy Centre (KS2)

#### Tuesdays

- Rugby with Exeter Chiefs (KS2)
- Steel Pans with Selina Jolly (Year 5 & 6)
- Bike Club with Dr Cook (Year 6)

#### Wednesdays

- Football with Plymouth Argyle (Year 3 & 4)
- Steel Pans with Selina Jolly (Year 3 & 4)
- Running Club with Miss Harris & Mrs Gale (KS2)

#### Thursdays

- Football with Plymouth Argyle (Year 5 & 6)

[School Club Days & Times](#)



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# Dear Families

I hope that you are all well. I wanted to pause for a moment and reflect on the additional opportunities – beyond the school day – that we offer here at Hillfort. This is especially the case for KS2 children who can cope a little better with the longer school day.

We're basking a little bit in the success of our football team, with a 3-1 win yesterday. Congratulations to all and thanks to Mr Glass who led them, and the parents who drove! In fact, we've been enjoying our sports a lot recently here at Hillfort – the arrival of the Exeter Chief, our runners training mid-week in the rain and first few Cycling Club sessions.

The next instalment in this will be the addition of Judo to the mix for Key Stage 2 children on a Friday after school. International coach, athlete and black belt, Eva Minarikova will be joining us after half-term with a taster session for every KS2 child on Friday 1<sup>st</sup> April – this is not an April Fools gag! The day will consist of an assembly where a certain someone will be thrown around the hall, followed by 30 minutes of taster lesson. All KS2 children will need to wear PE kit that day. It's just a taster and won't be violent – it will be a gentle introduction to something children might not have encountered before!

I also attended an Arts Council meeting on Wednesday evening, where many of the local artists were represented. We're looking to make Arts Academy even larger over the coming months, and it was engaging listening to artists from around Liskeard talk about their plans. I'll ensure that Hillfort children are at the heart of the proposed Liskeard Cultural Strategy!

We're also delighted to announce a new initiative. Mrs Greenaway – a lover of all things Arts and Crafts, has organised a new council led project. The project will allow parents/carers in to school to work alongside their children, with local artists, to produce Arts and Crafts projects. It's not my area of expertise, so I'm incredibly grateful for Mrs Greenaway's input here.

Having chatted to staff, there's a few folk who are keen on running additional clubs in this area – so hold this space!

And finally, in the near future, I will be leading some support for parenting, alongside Mrs Truscott – of which more will be announced soon.

Now... do we have any parenting volunteers to run a Gardening Club around the school and in the nature reserve???

I wish you a happy and safe weekend. My phone is buzzing with wind warnings from the Met Office, so you all take care and I'll see you soon.

Kind regards,

Tim Cook



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## Year 6 Visit to the National Marine Aquarium

On Friday, Year 6 had a fantastic visit to the National Marine Aquarium.

The children were treated like VIPs for the day and were given a guided tour of all the tanks and the fascinating creatures within them. On top of this, the children had the opportunity to become marine biologists by investigating artefacts found on our shores and in the ocean; having a virtual reality underwater experience and learning about the importance of sustainability and the impacts of plastic pollution.



## Year 6 Heart to Heart

On Tuesday afternoon, the Year 6 children took part in a science lesson about the circulatory system.

To help them develop their understanding of function and structure of the human heart, they were taught how to dissect a lamb's heart. The children studied both the external and internal structure of the heart before looking more closely at the blood vessels that carry the blood pumped by the heart, around the body.

Photos are not for the faint-hearted!



## Victory!

Yesterday afternoon our football team travelled to Brunel Primary School in Saltash, to play our next match. We were feeling very confident after the previous result.

Playing against a big, strong team it was a very physical game with both teams definitely not holding back. Once we settled down and got in front, we took control of the game and sealed the win.

Our Hillfort Team have made such good progress in a short time together. We were excellent again, working hard, playing really good football and showing a great attitude.

Another good result and brilliant team effort.



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## Good to Grow Arrival

Back in November, we took part in Morrison's Good to Grow campaign and ordered many amazing goodies with the 3,713 tokens we received from all your shopping trips! Mr Borlase has received our gardening equipment and looks forward to working with children in making the school grounds flower for the summer.



## Good Luck to our Cross Country Team

Good luck to all our runners today running the final league race at Lux Park. Keep an eye out on our Facebook page and next week's newsletter to see how they got on!



## Upcoming: Red Nose Day

Next Friday (18<sup>th</sup>) is Red Nose Day and this year's theme is Superheroes!

Children can come into school in fancy dress or in non-school uniform. We would like the children to bring a donation into school on the day (max £1). Please note that there is no expectation to come dressed as a superhero as we do not want parents to feel obliged to spend money on costumes.

In order to be kinder to the environment, rather than selling the red noses, we will be providing the children with the opportunity to have their nose painted if they would like to. If your child has any allergies or if you do not want your child to have their nose painted, please let the office know before 18<sup>th</sup> March. Alternatively, feel free to colour your child's nose yourself at home before they arrive to school.

We will also be having a joke competition within school! Each child will share their best joke and a winner will be chosen from each class. The winners will then be able to share their brilliant jokes in assembly and have them shared on our social media throughout the day!

We look forward to helping support this worthy cause and having a fun day!



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# Stars of the Week

## YEAR R

☆ Billie J.V ☆

☆ Tommy D ☆

## YEAR 1

☆ Cameron S ☆

☆ Lilly R ☆

## YEAR 2

☆ Connor M ☆

☆ Jack M ☆

## YEAR 3

☆ Monty G ☆

☆ Willow R ☆

## YEAR 4

☆ Daniel C ☆

☆ Annabelle S ☆

## YEAR 5

☆ Sam B ☆

☆ Ava P ☆

## YEAR 6

☆ Esme P & Evie N ☆

☆ Anais F & Ethan G ☆



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**WILL YOU  
FIND THE  
GOLDEN  
TICKET?**



**FIND A GOLDEN TICKET  
ON YOUR PLATE, FLIGHT  
TRAY OR BENTO BOX WHEN  
YOU EAT WITH US ON A  
THURSDAY, AND WIN A  
FOOD SUPERHERO FIDGET  
BUBBLE!**

**FROM 17TH MARCH -  
7TH APRIL**



**DON'T FORGET!**

**SCHOOL MEALS ARE FREE FOR ALL PUPILS IN  
RECEPTION, YEAR 1 AND YEAR 2.**

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they need it. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about



# YUBO

AGE LIMIT  
**13+**  
Minimum age for registration and use of the app

Yubo is a social networking platform where users can chat and livestream with up to 10 friends at once. People can connect with others based on location, with a Tinder-style 'swiping' mechanism to accept or reject someone based on their profile pictures. The app has approximately 50 million users worldwide – but despite its popularity, Yubo has not been free from controversy. While the app claims to monitor inappropriate content, a newspaper investigation in early 2022 found young users being exposed to sexual harassment, racism, bullying and conversations with adult themes.

**WHAT ARE THE RISKS?**

**FLimsy AGE GATES**  
Yubo states it is only for over 13s, but there is no credible age-gate to prevent an even younger child joining the platform. An undercover journalist investigating dangerous content reported spending 10 days posing as a 16-year-old on the app without any age verification. This, along with the fact that it's impossible to verify a user's true identity on Yubo, raises serious concerns over potential grooming.

**INAPPROPRIATE CONTENT**  
Yubo has experienced problems with inappropriate content being displayed to children and teens. Although the app's developers claim to monitor profiles and messages for adult-themed or unsuitable material, a *Sunday Times* investigation found young users being exposed to sexual harassment, racism and bullying, with many chats referencing self-harm, suicide and drug use.

**LIVESTREAM RISKS**  
Due to Yubo's lax age verification, children are able to launch live video streams which strangers can then view and interact with via real-time text chat. Not only is the thought of strangers watching children's livestreams extremely worrying (they could also use these as a means to establish the child's location) but text chats might result in a young person disclosing personal information.

**BULLYING POTENTIAL**  
Yubo users 'swipe' to accept or decline the chance to talk with each other. These decisions are entirely based on someone's profile picture, raising the potential for children to be left with low self-esteem if declined repeatedly. Negative feedback about their appearance can seriously damage a child's emotional wellbeing, causing a loss of confidence in how they look or how interesting they are.

**EXTENSIVE ACCESS**  
Users of Yubo, no matter what their age, are required to grant access to their device's microphone and GPS. This means they are potentially revealing highly sensitive information, including their exact location. In addition, new users of the app are asked to provide personal details such as their name, date of birth and phone number, which – in the case of young people – represents a clear risk.

**'GATEWAY EFFECT'**  
Yubo's swiping system (right for 'yes', left for 'no') works much like Tinder and various other dating apps. This could lead to children exploring similarly designed apps that aren't intended for a young audience. Users can also link their Yubo account to social media such as Snapchat and Instagram, making it easier for a stranger to track them down on various platforms.

## Advice for Parents & Carers

### DISCOURAGE USE

We don't often advise totally avoiding an app, but due to the concerns that Yubo has generated of late (the February 2022 *Sunday Times* exposé and a recent abduction case in which the alleged perpetrator met a teenage girl through the app) and the fact that inappropriate content has been proved to be circulating on the platform, you may decide that the safest option is to dissuade your child from downloading it altogether.

### STAY AWARE

It's important to stay attuned to how your child is using social media. If they only access Yubo in private, for example, you might reasonably question what they're potentially using it for. It's also important to watch for warning signs that they may be over-using the app, prioritising it over everyday routines like meals and homework, for instance, or showing signs of irritability and a lack of concentration.

### DISCUSS IN ADVANCE

If your child is absolutely determined to join Yubo (perhaps their friends all use the platform, for instance), then it's essential to talk to them about the dangers of this type of app before they install it. It's vital they understand not to disclose personal information to people they don't know, for example, and that they're warned about the type of mature content they may be exposed to on the app.

### ALTER THE SETTINGS

After the recent high-profile controversies surrounding the app, Yubo's developers have increased its security controls. Users can now choose to block profiles, screen out nudity in live streams and keep their location private. There's also an option to report inappropriate content, so make sure your child knows that they can now flag up anything they find disturbing via the app's Safety Centre.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech-based *The Register*, Carly is now a freelance technology journalist, editor and consultant.



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Safety®**  
#WakeUpWednesday

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