



LISKEARD HILLFORT PRIMARY SCHOOL | 25<sup>th</sup> March 2022



## Upcoming Events

**28<sup>th</sup> Mar – 8<sup>th</sup> Apr** : Easter Egg Competition

**11<sup>th</sup> – 22<sup>nd</sup> Apr** : Easter Holidays

**15<sup>th</sup> Apr** : Good Friday

**18<sup>th</sup> Apr** : Easter Monday

**2<sup>nd</sup> May** : Early May Bank Holiday

**9<sup>th</sup> – 12<sup>th</sup> May** : Year 6 SATs Week

**16<sup>th</sup> – 20<sup>th</sup> May** : Year 3 Residential Week

**24<sup>th</sup> – 26<sup>th</sup> May** : Year 6 Residential

[Hillfort Calendar](#)



## School Clubs

### Mondays

- Football with Mr Glass (Year 5 & 6)
- Drama with the Early Energy Centre (KS2)

### Tuesdays

- Rugby with Exeter Chiefs (KS2)
- Steel Pans with Selina Jolly (Year 5 & 6)
- Bike Club with Dr Cook (Year 6)
- Arts & Crafts Workshops (Parents & Children)

### Wednesdays

- Football with Plymouth Argyle (Year 3 & 4)
- Steel Pans with Selina Jolly (Year 3 & 4)
- Running Club with Miss Harris & Mrs Gale (KS2)

### Thursdays

- Football with Plymouth Argyle (Year 5 & 6)

[School Club Days & Times](#)



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# Dear Families

I hope that you are all well. I don't know if it's just me, but a bit of sunshine makes the world of difference. Somehow, spirits are lifted and hopefully healthier times are on the horizon. It still feels strange not inviting folk in for Mothers' Day, but at least the step back to face-to-face parental evenings in the last week of term is a step in the right direction.

It only seems a few moments ago that I wrote to you last, given that I sent a letter out on Monday – so my letter is really quite brief! That said, I wanted to take a moment to reflect on some events from Tuesday. Our Trust Director of School Improvement joined me as we reviewed our Early Years area. I probably spend more time in Early Years than any other classroom – it's constantly a pleasure to see the children and the skills work of the adults in there. Mr Gould was similarly pleased to see our Early Years team in action. It's really quite clear why we have 'sold out' for three years running!

So, just a couple of reminders:

- School uniform revisions, as published last week. In particular, skirt length is an issue that is creeping in. We're in a grace period till Easter – if necessary, please take necessary actions.
- An opportunity for a school governor. We do have one interested candidate, so that's a great start. Please do see the note from last week / email me, if you might be interested.
- Next Friday is judo day for KS2 as we introduce a new sport at Hillfort. It's an assembly and a taster session. PE kit needs to be worn by all those in Year 3-6. The sign-up Google questionnaire will go out after the taster day, with an after-school club starting after Easter.
- And it's wonderful to see so many children spending 10p or swapping books in our "Book Shop Swap Shop" (not easy to say!) in our front atrium. Spread the word!

And finally, just a word about Mothers' Day. I do wish all of you a lovely day – but as is often the case with major celebrations, it can cause sadness too if Mum isn't there that day for whatever reason. Please do feel free to get in contact with the class teacher or our Thrive team of Mrs Greenaway, Mrs Cotterill and Mrs Truscott if support in school can be offered.

Whatever you get up to, have a lovely weekend.

Kind regards,

Tim Cook



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## Judo Club

Judo Club is coming soon for Key Stage 2 children on a Friday after school.

International coach, athlete and black belt, Eva Minarikova will be joining us with a taster session for every KS2 child next Friday (1st April) – this is not an April Fools gag! The day will consist of an assembly where a certain someone will be thrown around the hall, followed by 30 minutes of taster lesson. All KS2 children will need to wear PE kit that day. It's just a taster and won't be violent – it will be a gentle introduction to something children might not have encountered before!

Should your child then wish to take part in the after-school Judo club – an online form will be sent out next Friday for you to complete before Half Term.



## Hillfort Runners

19 Hillfort runners headed off to Lux Park last Friday for the final league race of the season. What an amazing team effort! We had children finish higher than they had all season and a few new runners giving it a go. Team Hillfort did themselves proud.

Just because the league season has finished it doesn't mean the end of running club. Rain or shine, Mrs Gale and Miss Harris will be out on the field on Wednesday lunchtimes to welcome everyone for running and athletics - just bring your PE kit and trainers into school (and spare socks if it's been raining) and meet in the library.



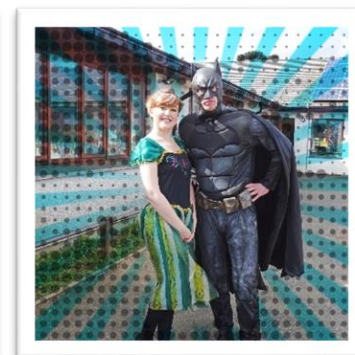
## Stay Safe Initiative

Last week, Richard visited Hillfort to work with our Year 5 pupils on anti-bullying and friendship, as well as peer mentoring training throughout the day. Say 'hi' to our new Stay Safe Mentors! These superstars are going to be a great asset to our whole school community.



## Red Nose Day

Looking back to Friday, we had a lot of fun with the Comic Relief events. Mr Larcombe had to rush off, but at least Batman came in to take the class – and there were superheroes across the school. I particularly enjoyed the sharing of each class's best jokes in assembly time! We'll let you know how much the contributions for non-uniform made in due course. Again, I do feel that a voluntary contribution of any amount is the way to go on this – if you have several children, that could easily mount up! Any coin or two of any value from each child is much appreciated and all goes to a good cause.



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## Thrive School of Excellence

I am delighted to announce that our school has been awarded the highest tier of award from The Thrive Approach – their national level award. The Thrive Approach is a national organisation that focuses on developing trusting, warm human relationships as the underpinning basis for education. To be awarded this tier of award places us alongside only a handful of schools across the entire United Kingdom. The award is testament to so much skilled work here at school, to really secure relationships with parents/carers, and most of all, to real trust between children and adults. We're incredibly proud!



### Arts & Crafts Workshops

We are amazed at the interest for our family Arts & Crafts Workshops! We are continuing to add people to the waiting list for both Fabrics and Woodcrafting. We will make sure to get some new dates set in place for these for after half term. There are still 2 places left should you and your child want to come along to the Fabrics workshop on Tuesday 5<sup>th</sup> April. Just fill in the online form and we'll let you know if you've been successful - <https://forms.gle/nMoqfUo4mJ6SufMS9>



### Arts Academy: Drama

Arts Academy's Drama Club will back on Monday (28<sup>th</sup>). As we only have a couple of weeks before the Easter Holidays, Kate will be running a couple of skills-based workshops. Food will still be available at 4:45pm.



### Lovely Weather

Thankfully, the weather is warming up; however, this means we have many coats being taken off at play and being left outside. Please can we ensure all coats, jumpers and fleeces are named so we can make sure these are returned to their rightful owners.



### Our Mistake

Please be aware of the mistake made in the school diaries. April 1<sup>st</sup> is NOT a bank holiday – all children are to attend school as usual next Friday. It seems someone is trying to pull an April fool's joke early!



### Read Write Inc Books

We seem to have a shortage of Read Write Inc. books where they have not been returned to school. Please can we ask for these to be brought back so we can refill our shelves... no questions asked. Thank you in advance.



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## Parent Governor Needed

We are currently in need of one more parent governor for our Local Governing Board. Our LGB plays an important role in both supporting school leaders and challenging them to improve the experiences of children. The Parent Governor is particularly significant in this regard, as the parents on the LGB offer a unique insight to other governors into the lived experience of their children!

If you are considering standing for this position, then please have a look at the helpful note from our Chair, Cllr Julian Smith. I hope that this helps to outline the role!

If only one person is nominated, that person will become governor on an uncontested basis. Alternatively, if more than one person stands, then an election will be held. The deadline for nominations is Friday 8<sup>th</sup> April at 12pm.

I am writing to Hillfort parents today to encourage participation in the School Governing Board. We are seeking an additional parent who would be prepared to help us govern the school. We meet formally 6 times per year and learn about how the school is functioning, hear reports from the Head Teacher and others involved with the school. We are able to guide the future development of the school and ensure that your children are getting the very best education. No formal qualifications are required, governors come from all walks of life, but a willingness to learn how the governing body works and to undertake some free training are necessary. New governors are warmly welcomed and usually find being a governor extremely rewarding through knowing that you are helping to ensure that your school is the best it can be. If you are interested, please contact either myself or the Headteacher for an initial chat.

Cllr Julian Smith

Chair of Governors

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# Stars of the Week

## YEAR 1

☆ Chloe T ☆

☆ Alfie T ☆

## YEAR 2

☆ Zachary A ☆

☆ Megan N ☆

## YEAR 3

☆ Hollie W ☆

☆ Natalie L ☆

## YEAR 4

☆ Jude B ☆

☆ Ellie M ☆

## YEAR 5

☆ Ben J ☆

☆ Joel K ☆

## YEAR 6

☆ Cody O ☆

☆ Alex W ☆



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**FREE** Tuesdays  
after school

# BIKE CLUB

With Dr Tim Cook

From: 3.45pm  
to 4.45pm

For  
children  
in Year 6



**FREE** Mondays  
after school

# FOOTBALL SPORTS ACADEMY

With Mr Glass

For  
children  
in Years  
5 & 6



From: 3.45pm to 4.45pm

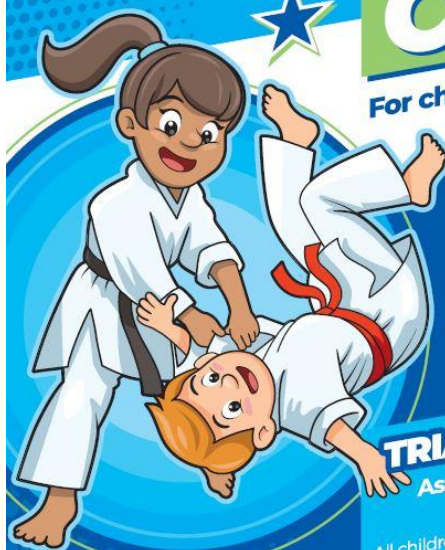
**FREE** Fridays  
after school

# JUDO CLUB

For children in Year 3-6  
3.45pm - 4.45pm

With Sensei  
Eva Minarikova  
of Kazoku Judo Club,  
a Black Belt Instructor  
and international  
competitor -  
Kazoku Judo Club  
Judo club in Cornwall

**TRIAL JUDO DAY**  
Assembly plus 30minute  
gentle taster session.  
All children to attend in PE kit that day.



**FREE** Tuesdays  
after school

# RUGBY SPORTS ACADEMY

For children in Years 3/4/5/6



From: 3.45pm to 4.45pm

**WITH EXETER CHIEFS**



**WILL YOU FIND THE GOLDEN TICKET?**

**Chartwells**  
So much more than Fantastic food

**FIND A GOLDEN TICKET ON YOUR PLATE, FLIGHT TRAY OR BENTO BOX WHEN YOU EAT WITH US ON A THURSDAY, AND WIN A FOOD SUPERHERO FIDGET BUBBLE!**

**FROM 17TH MARCH - 7TH APRIL**

**DON'T FORGET!**  
**SCHOOL MEALS ARE FREE FOR ALL PUPILS IN RECEPTION, YEAR 1 AND YEAR 2.**

# What Parents & Carers Need to Know about PHONE SCAMS

In a three-month period during 2021, no fewer than 45 million people in the UK experienced a suspicious attempt at being contacted via their mobile. Phone scams are a common form of cyber-attack where fraudsters engage directly with their intended victim through their smartphone. As our phones carry so many sensitive (and therefore potentially valuable) details about us, it's vital that trusted adults are alert to the tactics that scammers use to get access to user accounts, personal data and private information for financial gain.

## WHAT ARE THE RISKS?

**SMISHING**  
SMS phishing, or 'smishing' is one of the most common forms of mobile-based cyber-attacks. Smishing is when a scammer texts their target, pretending to be a reputable person or organisation. They aim to trick the victim into supplying sensitive data such as bank details and personal information, so that they can then access the target's bank accounts and remove money.

**IMPERSONATION**  
Fraudsters often impersonate someone else to trick the victim into actually transferring money directly. They might claim, for example, to be a friend or relative using a different number who urgently needs funds. Other common cons include sending fake texts informing the target that they have a package which requires a fee to be delivered, or that they have an unpaid bill to settle.

**NUMBER SPOOFING**  
Here, the scammer takes impersonation a step further by cloning the phone number of a genuine company. So when the target receives a call or text, their phone recognises the sender's number as legitimately belonging to Amazon, HMRC, the NHS or the DVLA (who have all been impersonated in these cons). This makes the scam far harder to spot and the victim much more inclined to comply.

## Advice for Parents & Carers

**DO SOME DIGGING**  
If you've received a call or text asking for specific information, research the caller's number. There are several websites that allow you to enter a phone number and will then display any relevant information about it - this usually includes feedback and comments from other people, so you can easily see if that particular number has been implicated in potential scams.

**TRY A CALL BLOCKER**  
If a suspicious call comes through on your mobile, you can manually block the number. If you believe it to be dubious or a nuisance caller. Alternatively, you could consider installing a call blocker service on your phone. They automatically stop calls getting through from numbers which have been reported as suspicious, halting potential scammers in their tracks before they can reach you.

**VERIFY THE SOURCE**  
Never disclose confidential details to an individual or organisation you're unfamiliar with. If the caller claims to represent a company you trust but is still asking for personal information or payment on an outstanding charge, and the conversation. Then find the company's genuine number on a bill or on their website and call them directly to confirm if there really is an issue you need to address.

**BREAK OUT THE TECH**  
Lots of anti-virus software now also protects mobiles. Some anti-virus apps can detect phishing links in text messages and alert you to the risk. When you're out and about, try not to use public Wi-Fi for sensitive transactions. It's far less secure than your home Wi-Fi network. Instead, you could consider installing a VPN (virtual private network), which encrypts all data (travelling to and from your phone).

**REPORT INCIDENTS**  
If you or a family member does give out confidential information to a caller you aren't sure about, contact the actual company mentioned to check if the call was genuine. If they confirm that the call was not made by their organisation, you should report it as a potential scam via the Action Fraud website and (depending on exactly what information was divulged) consider involving the police.

**BE WARY OF LINKS**  
If you get a message from an unknown number asking you to click on a link, report it as spam and do not open the link. One recent example 'warned' victims they'd been exposed to the Omicron variant and needed to click a link to buy a special test - only to find they had paid their money to scammers. Links can also install malware onto your device, so always treat them with extreme caution.

**Meet Our Expert**  
Formed in 2016, Cryptobuddy provides cyber security and resilience solutions to its customers. With offices in the UK, the company offers managed service operational packages including cyber security monitoring and testing, risk audit, threat intelligence and incident response.

**NOS National Online Safety**  
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety f/NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.03.2022

# DOB WALLS JUNIORS FC

## SATURDAY MORNING CENTRE

**Dobwalls Football Club**  
**Every Saturday Morning**  
**4-7 Years | 8.45am-9.45am**  
**8-11 Years | 10am-11am**

in partnership with

**ARGYLE COMMUNITY TRUST**  
argylecommunitytrust.co.uk

**LEARN. PLAY. SUCCEED**